



**TAMARIND CONTINENTAL**

*European Fusion*

## SOUPS

- Mushroom Cappuccino ... \$695**  
**Cream Of Broccoli and Thyme ... \$695**  
**Cream of Vegetables with Fresh Herbs ... \$695**  
**Shrimp Bisque ... \$795**  
**Lamb Spicy Broth ... \$795**  
**Cream of Chicken with Fresh Herbs ... \$695**  
**Broccoli with Chicken Soup ... \$795**  
**Asparagus soup ... \$795**

## SALADS

- Caesar Salad ... \$995**  
Organic lettuce and mixed green leaves with croutons, Parmesan cheese and our special Caesar dressing.  
/ Add grilled chicken for \$400 extra
- NEW Spicy Cashew Salad ... \$1195**  
Mixed greens, diced pineapple, cayenne, cashews, tomatoes, warm goat cheese and passion fruit vinaigrette
- NEW Quinoa Wilted Kale Salad ... \$1195**  
Kale, quinoa, pineapple, red onions, black olives and feta cheese
- Feta and Apple Salad ... \$1095**  
Organic mixed greens and sliced green apples, topped with feta cheese and walnuts tossed in our apple vinaigrette dressing.
- Harvest Moon Salad ... \$1095**  
Organic mixed greens, black olives, bell peppers and blue cheese tossed in a sweet onion vinaigrette dressing.  
/ Add grilled chicken for \$400 extra
- Grilled Chicken Salad ... \$1395**  
Seasoned Grilled chicken breast, organic mixed greens with pineapple salsa tossed in a white balsamic vinaigrette.
- Ranch Grilled Chicken and Bacon Salad ... \$1395**  
Grilled chicken, bacon and organic greens tossed in a ranch dressing.

## VEG APPETIZERS

- Zucchini Fries and Onion Rings ... \$895**  
**Stuffed Mushrooms ... \$1095**  
**Cheese Wontons ... \$795**  
**Chili Cheese Peppers ... \$895**  
**Jalapenos poppers ... \$895**  
Seasonal
- NEW Roasted Vegetable Bruschetta ... \$895**  
**NEW Beets and Quinoa sliders ... \$995**  
**NEW Arugula ,Goat Cheese, Roasted Pear & Almonds Flat Bread ... \$995**  
**NEW Paneer Tikka Pastry ... \$895**  
**NEW Veg Satay ... \$795**

- Double Loaded Fries ... \$850**  
Fries smothered in baked and melted cheddar cheese sprinkled with scallions and bacon

## NON VEG APPETIZERS

- NEW Chicken Tikka Pastry ... \$895**  
**Chicken Satay ... \$1095**  
**NEW Coconut Chicken Satay ... \$1095**  
**Grill Chicken And Olives ... \$1095**  
**NEW Spicy Barbeque Pulled Chicken with Tortilla Chips ... \$800**  
**NEW Spicy Barbeque Pulled Chicken Sliders ... \$800**  
**Grill Spicy Chicken Strips ... \$995**  
**NEW Honey Chipolte Chicken Crispers ... \$995**  
**Chicken Wings ... \$800**  
Your choice of rum barbeque sauce/honey chilli sauce / peri peri sauce
- Chicken Wings Platter ... \$1200**  
Assorted chicken wings with fries

**NEW** Lamb Sliders ... \$1100

**NEW** Trio Sliders Platter ... \$1600

A platter with your choice of any three sliders, consisting of beet & quinoa, spicy pulled chicken, lamb sliders and salmon sliders and fries

**Honey Chili Shrimps ... \$1395**

**NEW** Blackened Spicy Shrimp ... \$1395

**NEW** Coconut Shrimp Satay ... \$1395

**Salmon Sliders ... \$1100**

**Grill Fish with Thyme and Garlic ... \$1095**

**Grilled Spicy Fish Strips ... \$1095**

## MAIN COURSE

**Grilled Chicken Cooked in a White Wine Sauce ... \$1600**

Served with mashed potatoes and vegetables

**HOT** Piri Piri Grilled Chicken ... \$1600

Grilled chicken breast and thigh served in a spicy African sauce made with chillies, onions, peppers, garlic and lemon. Served with mashed potatoes and vegetables

♥ **Grilled Chicken Cooked in Spicy Sauce With Honey ... \$1600**

Grilled chicken with a sweet and spicy flavor served with mashed potatoes and vegetables

**Chicken Cordon Bleu ... \$1750**

A delicious french classic, which is made by rolling chicken with ham and cheese.

**NEW** Cilantro Lime Chicken ... \$1600

Grill chicken breast marinated in cilantro and lime

**Chargrill Sage Garlic Chicken Breast ... \$1600**

Served with mashed potatoes and vegetables

**NEW** Parmesan Crusted Chicken ... \$1600

Chicken breast coated in parmesan cheese and bread crumbs served with marinara sauce

**NEW** Spinach and Cheese Stuffed Chicken ... \$1850

Chicken stuffed with spinach and cheese in a white wine sauce

♥ **Mushroom Stuffed Chicken ... \$1850**

Grilled chicken stuffed with mushrooms, cheddar cheese, mozzarella and sun dried tomatoes. Served with mashed potatoes and vegetables

**Grilled Chicken Cooked in a Black Pepper Sauce ... \$1600**

Grilled chicken in a black pepper sauce served with mashed potatoes and vegetables

**HOT** Grilled Chicken in a Spicy Red Pepper Sauce ... \$1600

Served with mash potatoes and grilled vegetables

**Grilled Fish in Lemon Butter Sauce ... \$2300**

Grey snapper fillet grilled and served in classic lemon, garlic, herb and butter sauce served with mashed potatoes and vegetables

**Char Grilled Fish Fillet ... \$2300**

Grilled grey snapper fillet in a caper mustard sauce served with garlic tossed spinach. Served with mashed potatoes and vegetables

**Grilled Norwegian Salmon ... \$2595**

Grilled salmon fillet in a saffron sauce topped with arugula, served with mashed potatoes and vegetables

**NEW** Blackened Salmon ... \$2595

Blackened salmon fillet served with smoked tomato gazpacho and soft polenta

**Salmon Grilled in a Spicy Sauce with Honey ... \$2595**

Grilled salmon with a sweet and spicy flavor served with garlic topped spinach, served with mashed potatoes and vegetables

**Fish & Chips ... \$1595**

An all time favourite! Beer batter fried fish fillet, served with fries and tartar sauce

**Shrimps in a Chilli sauce with Honey ... \$2495**

A sweet and spicy shrimp served with Alio e olio spaghetti

**Shrimp Piri Piri Sauce ... \$2495**

Shrimps cooked in a classic African sauce made with chillies, onions, peppers, garlic and lemon served with Alio e olio spaghetti.

**Shrimps in Lemon Butter Sauce ... \$2495**

Grilled Shrimps in a spicy red pepper sauce served with Alio e olio spaghetti

**NEW Grill lobster in Garlic Butter ... \$3595**

Grill lobster in garlic ,parsley and butter served with mashed potato and vegetables

**NEW Grilled Chimichurri Lobster ... \$3595**

Grill lobster with parsley, coriander, lemon juice, paprika, olive oil and chilli flakes served with mash potato and vegetables

**NEW New Zealand Lamb Chops in Pesto and Sour Cream Sauce ... \$3495**

Herb roasted New Zealand lamb chops in a pesto and sour cream sauce served with mash potatoes and grilled vegetables

**New Zealand Lamb Chops in Red Wine Sauce ... \$3495**

Rosemary flavored grilled New Zealand lamb chops in a red wine sauce, served with mashed potatoes and grilled vegetables.

**Smoked Pork Chops in Apple Mustard Sauce ... \$1850**

Grilled pork marinated with whole grain mustard, served with mashed potatoes and grilled vegetables.

**Smoked Pork Chops in Black Pepper Sauce ... \$1850**

Grilled pork chops marinated in a black pepper sauce served with mashed potatoes and vegetables

**NEW Lentil Cake and Mushroom ... \$1495**

Lentil cake served with caramelized mushroom and soft polenta

**Mushroom in Piri Piri Sauce ... \$1300**

Sautéed mushrooms in a spicy African sauce made with chillies, onions, peppers, garlic and lemon served with spaghetti

**SIDES**

**French Fries ... \$350**

**Spicy Seasoned French Fries ... \$350**

**Potato Wedges ... \$400**

**Mashed Sweet Potato ... \$450**

**Polenta ... \$400**

**Seasoned Sweet Potato Fries ... \$400**

**Sautéed vegetables ... \$500**

**Garlic bread ... \$250**

**Garlic bread with cheese ... \$450**

**PASTAS**

*Make Your Own Pasta*

**Pasta Style - Choose Your Own**

**Penne**

**Spaghetti**

**Fettuccini**

**Angle Hair**

**Whole Wheat Penne**

**Whole Wheat Spaghetti**

**Pasta Sauce - Choose Your Own**

**Alfredo ... \$1100**

A sauce made from parmesan cheese, butter , cream and mushroom

**Olive and Garlic Aglio e olio ... \$1000**

A sauce made from garlic , olive oil and chili flakes

**Carbonara ... \$1100**

A sauce made from bacon/ham, egg and cream.

**Arrabiatta ... \$1100**

A spicy sauce made from tomatoes.

**Napolitana ... \$1100**

A sauce made from tomato, garlic and basil.

**Pink Vodka Sauce ... \$1100**

A sauce made with vodka,tomato and cream

**Pesto ... \$1300**

A sauce made from basil, nuts, garlic, parmesan and olive oil.

**Creamy Pesto ... \$1300**

A sauce made from pesto and cream.

**Meat-Choose Your Own**

**Add Chicken.....\$400**

**Add Jerk Sausage ..... \$400**

**Add Bacon .....\$400**

**Add Italian Sausage.....\$400**

**Add Shrimp.....\$1000**

**Add Chorizo Sausage.....\$400**

**Add Lamb sausage..... \$600**

## SPECIALITY PASTAS

### **Spaghetti Bolognese ... Chicken-1500/Lamb- 1950**

A sauce made from meat, tomato, onion and herbs.

### **Spaghetti with Mushroom in white wine sauce ... \$1300**

A flavorful sauce made from cream, , white wine and aromatic herbs served with spaghetti

### **Lemon-Garlic Pasta ... \$1100**

A Pasta with sauce made from lemon,garlic,cream and parmesan cheese.  
/ Add Chicken \$400/Add Shrimp \$1000

### **Penne A La Vodka ... \$1200**

An American pasta dish made with vodka ,tomato and cream tossed in penne .  
/ Add Chicken \$400/ Add Shrimp \$1000

### **♥ Sun Dried Tomato and Mushroom Pasta in a Garlic and Basil Sauce ... \$1300**

In your choice of pasta

### **Spinach Ravioli ... \$1400**

Freshly made ravioli stuffed with spinach served with your choice of sauce and topped with lettuce. \*(Available only on selected days)

### **Chicken Ravioli ... \$1400**

Freshly made ravioli stuffed with chicken served with your choice of sauce and topped with lettuce. \*(Available only on selected days)

### **Pumpkin Ravioli ... \$1300**

Freshly made ravioli stuffed with pumpkin served with your choice of sauce and topped with lettuce. \*(Available only on selected days)

### **Chicken Lasagna ... \$1550**

Lasagna layered with minced chicken in a creamy tomato sauce

### **Lamb Lasagna ... \$1950**

Lasagna layered with minced lamb in a creamy tomato sauce

### **Vegetable Lasagna ... \$1400**

Lasagna layered with vegetables in a creamy tomato sauce

## PIZZAS

*Make Your Own Pizza*

### **Pizza - Choose your own size**

**Small- 10inch ... \$750**

**Large- 14inch ... \$1200**

### **Pizza Sauces - Choose Your Own**

#### **Margarita Sauce**

Tomato and Basil Sauce

#### **Spicy Sauce**

Spicy Tomato and basil sauce

### **Toppings**

Non-Vegetarian

**Pepperoni ... Sml- 200 / Lg- 350**

**Jerk Sausage ... Sml- 200 / Lg- 350**

**Bacon ... Sml- 200 / Lg- 350**

**Shrimps ... Sml-600 / Lg- 1000**

**Sweet Chili Shrimp ... Sml- 600/ Lg- 1000**

**Chicken Sausage ... Sml- 200 / Lg- 350**

**Italian Sausage ... Sml- 200 / Lg- 350**

**Chorizo Sausage ... Sml- 200 / Lg- 350**

**Ham ... Sml- 200 / Lg- 350**

**Barbecue Chicken ... Sml- 200 / Lg- 350**

**Lamb Sausage Sml-300/Lg-600**

### **Toppings**

Vegetarian

**Artichokes ... Sml- 150 / Lg- 250**

**Mushrooms ... Sml- 150/ Lg- 250**

**Sweet Peppers ... Sml- 150 / Lg- 250**

**Red Onions ... Sml- 150/ Lg- 250**

**Basil ... Sml- 150/ Lg-250**

**Arugula/Spinach ... Sml- 250/ Lg- 400**

**Jalapeño ... Sml- 150/ Lg- 250**

**Fresh Tomato Slices ... Sml- 150/Lg-250**

**Olives ... Sml- 150 /Lg- 250**

**Pineapple ... Sml- 150/ Lg- 250**

**Sweet Corn ... Sml- 150/Lg- 250**

**Sun Dried Tomatoes ... Sml- 150/Lg-250**

**Truffle Oil ... Sml- 150/Lg- 250**

**Chicken Mexicana ...**

**Sml-1200/Lg-1850**

Grilled chicken,jalapeños ,refried beans,tomato and corn

**Hawaiian pizza ... Sml-1050/Lg-1650**

Pineapple and Ham

**Meat Lovers Pizza ... Sml- 1250 / Lg-2050**

Pepperoni,bacon,jerk sausage and ham

**Thai curry pizza with Chicken ... Sml-1100 / Lg- 1750**

Red thai curry sauce with basil and chicken

**Thai Curry Pizza with Shrimp ... Sml-1400/ Lg- 2200**

Red thai curry sauce with basil and shrimp

## SPECIALITY PIZZAS

**Fresh Mozzarella Pizza ...**

**Sml-950/Lg-1450**

Classic Italian Pizza with Fresh Mozzarella Cheese.

/ With your choice of paid toppings

**Margarita Pizza ... Sml-900/Lg-1400**

Tomato,Cheese and Basil leaves with a touch of fresh mozzarella

**Arugula and Roasted Garlic Pizza ...**

**Sml- 1050/ Lg- 1650**

A pizza topped with arugula and roasted garlic

**Pesto Pizza ... Sml- 1100 / Lg- 1750**

A sauce of crushed basil leaves,olive oil,nuts and parmesan

**Vegetable Pizza ... Sml- 1050/ Lg-1650**

Tomato,cheese ,black olive,oregano,mushroom,onion and sweet peppers

**Mexican Veg ... Sml-1050/Lg-1650**

Jalapeños ,corn,bell peppers,refried beans and tomato

**♥ Butter Chicken Pizza ... Sml- 1100 / Lg- 1750**

Mild indian curry sauce with chicken.The most popular pizza

**Chicken Tikka Masala Pizza ... Sml-1100/ Lg- 1750**

Spicy indian curry sauce with chicken

**Sweet Chili Shrimp Pizza ...**

**Sml-1400/Lg-2200**

A pizza topped with shrimps cooked in a sweet chili sauce





## TAMARIND CONTINENTAL



**SAFFRON**

**INDIAN  
CUISINE**

Allergies:

Please note that all items are prepared in a kitchen that handles nuts and dairy products. Please notify us of any allergies you may have.